Editor's Commentary

Perinatal Loss

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Our journal is honored to publish the first academic article on working with perinatal loss in the sand tray. A quick Google Scholar search will show nearly 3,000 entries on grief and loss using sandtray therapy and sandplay therapy. Enter sandtray therapy and perinatal loss, and you will find there are no found entries.

Lacey is a Licensed Professional Counselor and Supervisor, Registered Play Therapist and Supervisor, and Certified in Perinatal Mental Health. Ms. Fisher is in private practice in Austin, Texas. She has worked with this population for several years and provides training on this topic.

Using sand therapy for grief and loss is a powerful method for clients of all ages and stages of life. The unique therapeutic issues for those experiencing perinatal loss are addressed in this article. A case example, complete with pictures of the sandtray creations and interweaving Adlerian therapy principles, provides the reader with a rich, in-depth look at this issue.

We are delighted she is filling this hole in the professional literature.